



American Mothers Inc., Hawaii in partnership with

Kamehameha Schools Kapālama, Parents & Alumni Relations

Invites you to a **CONFERENCE** for Women (ages 12 +)



***“Expanding Your Toolbox—Life  
Tools Any Woman Can Use”***

Hosted by Julie Sparks 2014 Mother of the Year & Heidi Kim 2014 Young Mother of the Year

**Saturday, October 25, 2014 - 11:00 a.m. - 3:30 p.m.**

Kamehameha Schools Kapālama , Ka’iwakīloumoku, Hawaiian Cultural Center

Cost: \* \$20+(online fee) for AMI Members & KSK `Ohana

\* \$25 +(online fee) for non KS/AMI \* \$30 at the door

***Keynote Speaker: Kathy Muneno Thompson***

***KHON2 Television News Anchor & Mother of Two***

**Choose to attend two of the following workshops:**

“The Nuts & Bolts of Nutrition & Natural Medicine” by Dr. Allison Bachlet

“Color Code Carpentry: Building Better Relationships” by Anna Velasco

“Framing the Perfect Picture” by Laurie Callies, ProjectFocus

“DIY Holidays” by Lianna McMillan

**EASY REGISTRATION** online at [www.eventbrite.com](http://www.eventbrite.com) then type

**Expanding Your Tool Box** in the search bar for access.

For more information contact Mervlyn Kitashima at

PAR 842-8444 or 780-5048 or [mekitash@ksbe.edu](mailto:mekitash@ksbe.edu)

**Registration Deadline October 23rd**



Please bring  
canned goods to  
share with  
families in need.